

MASSAGE CLIENT WELCOME FORM

Name _____ Date _____

DOB _____ M _____ F _____

Address _____ City _____ State _____ Zip _____

Email _____

Home Phone _____ Work Phone _____ Cell Phone _____

Occupation _____

Where did you hear of us? _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care physician may be required prior to service being provided.

Have you ever experienced a professional massage or bodywork session? ___Y ___N

How recently? _____

Your reason for obtaining treatment: _____ Relaxation _____ Pain/Injury

Other _____

What kind of pressure do you prefer? _____ light _____ medium _____ firm

If you answer "yes" to any of the following questions, please explain as clearly as possible.

- | | | |
|----------------|--|-------|
| ___ Yes ___ No | Do you frequently suffer from stress? | |
| ___ Yes ___ No | Do you have diabetes? | |
| ___ Yes ___ No | Do you experience frequent headaches? | |
| ___ Yes ___ No | Are you pregnant? | |
| ___ Yes ___ No | Do you suffer from arthritis? | |
| ___ Yes ___ No | Are you wearing contact lenses? | |
| ___ Yes ___ No | Are you wearing dentures? | |
| ___ Yes ___ No | Do you have high blood pressure? | |
| ___ Yes ___ No | Are you taking high blood pressure medication? | |
| ___ Yes ___ No | Do you suffer from epilepsy or seizures? | |
| ___ Yes ___ No | Do you suffer from joint swelling? | |
| ___ Yes ___ No | Do you have varicose veins? | |
| ___ Yes ___ No | Do you have any contagious diseases? | _____ |
| ___ Yes ___ No | Do you have osteoporosis? | |
| ___ Yes ___ No | Do you have any allergies? | _____ |
| ___ Yes ___ No | Do you bruise easily? | |
| ___ Yes ___ No | Any broken bones in the past two years? | _____ |

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Yes No Any injuries in the past two years? _____
 Yes No Do you have tension or soreness in a specific area? Please specify.

Yes No Do you have cardiac or circulatory problems?
 Yes No Do you suffer from back pain?
 Yes No Do you have numbness or stabbing pains?
 Yes No Are you sensitive to touch or pressure in any area?
 Yes No Have you ever had surgery? Explain below.
 Yes No Other medical condition, or are you taking any medications I should know about?

Comments _____

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage/bodywork should be not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Client Signature _____ Date _____

Practitioner Signature _____ Date _____

Consent to Treatment of Minor:

By my signature below, I hereby authorize _____
to administer massage or bodywork to my child or dependent as they deem necessary.

Signature of Parent or Guardian _____ Date _____